

PRIORITY AREA 1: IMPROVING SEXUAL AND REPRODUCTIVE HEALTH (SRH)

Improving Sexual and Reproductive Health Action Plan – overview

Table: NEPHU Priority Area Action Plan – Improving Sexual and Reproductive Health 2023–2025

Improving Sexual and Reproductive Health (SRH)

(Long term aspiration)

Key objectives	<p>To undertake health promotion and prevention initiatives that seek to enhance accessibility of sexual and reproductive health (SRH) information and services, and specifically, to:</p> <ul style="list-style-type: none"> • Promote and support positive, respectful, non-coercive and safe sexual relationships and reproductive choice (including planned, safe and healthy pregnancy and childbirth)*. • Improve knowledge and awareness of factors that affect the ability to conceive a child, and increase access to contemporary, safe and equitable fertility control services to enable Victorians to exercise their reproductive rights. • Early diagnosis, effective treatment and management of specific reproductive health issues, such as endometriosis, polycystic ovary syndrome and menopause • Reduce sexually transmissible infections and blood-borne viruses through prevention, testing, treatment, care and support. • Support Aboriginal Victorians to achieve optimal sexual and reproductive health and wellbeing by partnering with local and state-wide services. • Work towards eliminating HIV and viral hepatitis transmission and increase treatment rates. • Reduce and eliminate stigma, including homophobia, transphobia and biphobia. <p>*also inclusive of termination of pregnancy/abortion.</p>
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Scope	<ul style="list-style-type: none"> • SRH awareness and behaviours (individual) • SRH service system and access (including testing & treatment)
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Desired outcomes	<p>Aligned with the</p> <ol style="list-style-type: none"> 1. Victorian Public Health and Wellbeing Outcomes Framework, Domain 1: Victorians are healthy and well 2. Victorian Sexual and Reproductive Health and Viral Hepatitis Strategy 2022–30. <p>Outcomes:</p> <ul style="list-style-type: none"> • Victorians have good physical health
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- Victorians act to protect and promote health
- Victorians achieve optimal sexual and reproductive health outcomes
- Reducing the impact of blood borne viruses (BBV) and sexually transmitted infections (STI) on all Victorians

Indicators:

- Increase sexual and reproductive health
- Reduce preventable chronic disease
- Increase immunisation
- Increase STI testing coverage in priority populations (compared with 2019).
- Reduce the prevalence of chlamydia, gonorrhoea and infectious syphilis (compared with 2019).

Note: Outcomes articulated here represent the long-term outcome measures that work undertaken within the Catchment Plan will contribute towards. It is not necessarily anticipated that measurable change will occur in these long-term outcomes within the life of the Catchment Plan, therefore, the evaluation of impact measures (or short/medium term outcomes) will be essential.

Sexual and Reproductive Health Project Control Group membership

Table: NEPHU Sexual and Reproductive Health Program Control Group

Organisation	Position
cohealth	Manager, Community Programs, and Family and Reproductive Rights Education Program
EACH	Service Design Manager National Practice Lead
NEPHU	Public Health and Wellbeing Coordinator / PCG Lead
NEPHU	Senior Manager Community Engagement, Communications and Capacity Development
NEPHU	Senior Manager Integrated Planning and Programs
NEPHU	Sexual and Reproductive Health & Viral Hepatitis Lead
Northern Health	Director Partnerships
Northern Health Family Planning Clinic	Clinical Midwife Consultant, Sexual Health Coordinator
North Western Primary Health Network	Primary Care Improvement Team
Oonah Aboriginal Health and Community Service	Executive Director Community Services
Sexual Health Victoria	Senior Nurse Educator
Thorne Harbour Health	Manager of Health Promotion
Women's Health East	Health Promotion Manager
Women's Health in the North	Coordinator - Sexual and Reproductive Health
Yarra Ranges Council	Executive Officer Health & Wellbeing

Sexual and Reproductive Health Action Plan Functional Area 1: Advocacy

Action	Horizon 1 – To June 30, 2023	Lead/Partner	Indicators	Horizon 2 – To June 30, 2025	Lead/Partner
1.1. Plan, implement and evaluate a range of advocacy campaigns to improve access to sexual and reproductive health information and services.	<p>1.1.1 Commence an Advocacy Needs Analysis with key stakeholders.</p> <p>1.1.2 Refer to and leverage existing lists of MTOP providers/ services in the catchment to assist in design of MTOP advocacy campaign.</p> <p>1.1.3 Design and commence delivery of an advocacy campaign to work towards improving access to medical termination of pregnancy (MTOP) across the NEPHU catchment..</p>	<p>1.1.1—1.1.3</p> <p>L: NEPHU Population Health & SRH Program Control Group</p> <p>P: Women’s Health Services, Local Government, Community Health, Sexual Health Services, Aboriginal Community Controlled organisations, PHN’s.</p>	2—9, 20,	<p>1.1.4 Support and endorse existing SRH advocacy campaigns in the catchment.</p> <p>1.1.5 Finalise Advocacy Needs Analysis.</p> <p>1.1.6 Develop a 2-year SRH Collective Advocacy Schedule in accordance with findings from Advocacy Needs Analysis.</p> <p>1.1.7 Co-design, implement and evaluate advocacy initiatives in accordance with SRH Collective Advocacy Schedule.</p>	<p>1.1.4</p> <p>L: TBC</p> <p>P: NEPHU</p> <p>1.1.5—1.1.7</p> <p>L: NEPHU Population Health & SRH Program Control Group</p> <p>P: TBC</p>

Sexual and Reproductive Health Action Plan Functional Area 2: Capacity Building (for Professionals)

Action	Horizon 1 – To June 30,2023	Lead/Partner	Indicators	Horizon 2 – To June 30, 2025	Lead/Partner
2.1 Scope and assess workforce training needs in sexual and reproductive health across the NEPHU catchment	2.1.1 Undertake a Sexual and Reproductive Health stakeholder training needs and expertise survey, inclusive of needs associated with statewide SRH programs and initiatives.	2.1.1 L: NEPHU Population Health & SRH Program Control P: TBC	1—3, 7, 8, 16	2.1.2 Commence development of a map that entails the sexual and reproductive workforce and accompanying sexual and reproductive health stakeholder database 2.1.3 Undertake an annual NEPHU SRH Stakeholder Training Needs and Provider Survey/s	2.1.2 L: NEPHU Population Health P: TBC 2.1.3 L: NEPHU Population Health P: TBC
2.2 Develop a NEPHU Catchment SRH Capacity Building Calendar for professionals				2.2.1 Develop and commence implementation of the NEPHU Catchment SRH Capacity Building Calendar for professionals 2.2.2 Ensure health equity and priority population considerations are applied to the development of the NEPHU Catchment SRH Capacity Building Calendar 2.2.3 Maintain currency and promotion of the NEPHU Catchment SRH Capacity Building Calendar	2.2.1 & 2.2.2 L: NEPHU Population Health & SRH Program Control P: TBC 2.2.3 L: NEPHU Population Health P: TBC
2.3 Harvest and upscale SRH knowledge within the NEPHU catchment service system				2.3.1 Collaborate with identified subject matter experts from within the NEPHU catchment, to leverage 'lessons learnt' and 'application of expertise in practise' to design and deliver SRH capacity building initiatives for professionals	2.3.1 L: NEPHU Population Health P: TBC
2.4 Implement relevant initiatives within the NEPHU Catchment SRH Capacity Building Calendar	2.4.1 Design and deliver fit for purpose capacity building session focused on SRH professionals working with women from cultural and linguistically diverse (CALD) backgrounds	2.4.1 L: NEPHU Population Health, & SRH Program Control P: TBC	1—3, 6—8, 10, 16—20	2.4.2 Plan, implement and evaluate capacity building initiatives as per annual NEPHU Catchment SRH Capacity Building Calendar	2.4.2 L: NEPHU Population Health & SRH Program Control P: TBC
2.5 Ensure NEPHU team members establish and maintain currency in SRH knowledge relevant to position requirements				2.5.1 Deliver internal communicable disease training seminars as required (Beyond COVID Training Series) 2.5.2 Deliver internal (& other LPHU) Sexual Health Interview Training Workshop	2.5.1 & 2.5.2 L: NEPHU Population Health 2.5.3

Action	Horizon 1 – To June 30,2023	Lead/Partner	Indicators	Horizon 2 – To June 30, 2025	Lead/Partner
				2.5.3 Design and implementation of SRH internal training initiatives	L: NEPHU Population Health
2.6 Amplify the reach of existing and develop additional SRH resources (as appropriate) for professionals				<p>2.6.1 Commence development of collation and launch of Sexual and Reproductive Health Digital Resource Library for service providers</p> <p>2.6.2 Liaise and consult with stakeholders to identify gaps in available written resources and investigate and action feasible solutions.</p> <p>2.6.3 Identify communication/feedback pathways with existing resource owners to maintain currency of resources, provide community feedback and seek to continually enhance the SRH Digital Resource Library and distribution opportunities.</p>	<p>2.6.1</p> <p>L: NEPHU Population Health & SRH Program Control Group</p> <p>P: Women’s Health Services, Local Government, Community Health, Sexual Health Services, LiverWell, Aboriginal Community Controlled organisations, PHN’s, others TBC</p> <p>2.6.2—2.6.3</p> <p>L: NEPHU Population Health& SRH Program Control Group</p> <p>P: TBC</p>

Sexual and Reproductive Health Action Plan Functional Area 3: Community Awareness

Action	Horizon 1 – To June 30,2023	Lead/Partner	Indicators	Horizon 2 – To June 30, 2025	Lead/Partner
3.1 Amplify the reach and accessibility of existing SRH resources, including statewide programs with a focus on equitably reaching both whole of population and priority populations.	3.1.1 Commence development of a SRH Hard Copy Event Resource Packs for distribution at relevant in person community facing events	3.1.1 L: NEPHU Population Health & SRH Program Control Group P: Women’s Health Services, Local Government, Community Health, Sexual Health Services, LiverWell, Aboriginal Community Controlled organisations, PHN’s.	1—8	3.1.2 Design and develop a SRH Digital Resource Library 3.1.3 Launch and promote Digital Resource Library 3.1.4 Liaise and consult with stakeholders to identify and action opportunities for ensuring print and digital resources are reaching priority populations. 3.1.5 Identify communication/feedback pathways with existing resource owners to maintain currency of resources, provide community feedback and seek to continually enhance resource library, kits and distribution opportunities. 3.1.6 Explore opportunity to collaborate with the Department of Families, Fairness and Housing Free Pads and Tampons in Public Places Program e.g. inclusion of free pads and tampons in NEPHU SRH resource kits (show bags) for distribution at community engagement events.	3.1.2—3.1.5 L: NEPHU Population Health & SRH Program Control Group P: Women’s Health Services, Local Government, Community Health, Sexual Health Services, LiverWell, Aboriginal Community Controlled organisations, PHN’s. 3.1.6 L: NEPHU Population Health & SRH Program Control Group P: Department of Families, Fairness and Housing
3.2 Translate and/ or make accessible and disseminate resources and initiatives for priority populations which aim to increase awareness of consent and healthy relationships.				3.2.1 Design and undertake an environmental scan of existing resources and initiatives for priority populations to increase awareness of consent and healthy relationships 3.2.2 Curate existing resources and identify and action distribution plan and initiative amplification plan if applicable. 3.2.3 Identify gaps in language/accessibility and/or topic and work with stakeholders and community to co-design production and distribution of new resources and amplification of existing initiatives where applicable and investigate feasibility of new initiatives to respond to gaps/needs.	3.2.1—3.2.2 L: NEPHU Population Health & SRH Program Control Group P: TBC 3.2.3 L: NEPHU Population Health & SRH Program Control Group P: TBC

Action	Horizon 1 – To June 30,2023	Lead/Partner	Indicators	Horizon 2 – To June 30, 2025	Lead/Partner
3.3 Promote STI & HIV testing to community, including targeted programs for particular groups at risk.			N/A—Horizon 1	3.3.1 Collaboratively identify, plan and implement a schedule of STI and HIV testing micro-campaign themes, audiences, materials, dates and measures.	3.3.1 L: NEPHU Population Health & SRH Program Control Group P: TBC
3.4. Promote identified STI and BBV vaccination programs				3.4.1 Continue maintaining and publishing a public facing listing of Mpox vaccination sites 3.4.2 Continue Mpox promotion and engagement activities as required, including: <ul style="list-style-type: none"> Targeted engagement plan for universities in response to intelligence that young people are not aware of the vaccination and/or eligibility to receive Activate engagement activity in response to an outbreak Ongoing baseline messaging 3.4.3 Identify and undertake Mpox awareness activity in accordance to need 3.4.4 Undertake promotion of identified STI and BBV vaccination programs e.g. Human Papillomavirus (HPV) and Hepatitis B	3.4.1 L: NEPHU Health Protection, Population Health, 3.4.2 L: NEPHU Population Health, Health Protection P: Swinburne University of Technology, La Trobe University, others TBC 3.4.3 & 3.4.4 L: NEPHU Population Health. Health Protection P: TBC
3.5 Increase community and stakeholder awareness of '1800 My Options', a state-wide service providing information about contraception, pregnancy options and sexual health.				3.5.1 Adapt existing material for purpose to create promotion materials (posters, flyers, social tiles, etc) and disseminate to relevant organisations and include in SRH Digital Resource Libraries and Event Pack 3.5.2 Liaise and consult with stakeholders and community leaders to identify and action distribution pathways that work towards equitable distribution of information to whole of population, including those that may be harder to reach 3.5.3 Liaise with '1800 My options' to identify need and potential collaborative opportunities for implementation within the NEHU catchment.	3.5.1 L: NEPHU Population Health P: Women's Health Services, Local Government, Community Health, Sexual Health Services, Aboriginal Community Controlled organisations, PHN's, others TBC 3.5.2 & 3.5.3 L: NEPHU Population Health & SRH

Action	Horizon 1 – To June 30,2023	Lead/Partner	Indicators	Horizon 2 – To June 30, 2025	Lead/Partner
					Program Control Group P: TBC 3.5.3 L: NEPHU Population Health & SRH Program Control Group, '1800 My Options' P: TBC
3.6 Increase community and stakeholder awareness of LiverLine, a free and confidential, phone service that provides information, support, and referrals for those impacted by liver-related health conditions, including hepatitis.				3.6.1 Adapt existing material for purpose to create promotion materials (posters, flyers, social tiles, etc) and disseminate to relevant organisations and include in SRH Digital Resource Libraries and Event Kit 3.6.2 Liaise with LiverWell to identify need and potential collaborative opportunities for implementation within the NEHU catchment.	3.6.1 L: NEPHU Population Health, LiverWell P: TBC 3.6.2 L: NEPHU Population Health & SRH Program Control Group, LiverWell P: TBC
3.7 Promote Aboriginal Sexual and Reproductive Health Viral Hepatitis resources, including statewide programs to First Nations peoples via local stakeholders and settings and explore other good practice awareness resources and campaigns for potential adaption and implementation.	3.7.1 Commence engagement with NEPHU Koorie Engagement Officer to support promotion of Aboriginal SRHVH resources	3.7.1 L: NEPHU Population Health & SRH Program Control Group P: TBC	1—8, 11, 16—18, 20, 22, 24	3.7.2 Identify good practice First Nations focused SRH awareness resources and campaigns available, including outside of VIC (WA, QLD, NT), and identify opportunities and pathways for incorporation into initiatives across NEPHU catchment.	3.7.2 L: NEPHU Population Health & SRH Program Control Group P: TBC
3.8 Participate in and promotion of Women's Health Week (September, 2023)				3.8.1 Support local stakeholders to implement and evaluate a range of SRH related initiatives during Women's Health Week. 3.8.2 Plan, implement and evaluate annual Women's health Week initiatives.	3.8.1 L: NEPHU Population Health Women's Health Services & SRH Program Control Group P: TBC

Action	Horizon 1 – To June 30,2023	Lead/Partner	Indicators	Horizon 2 – To June 30, 2025	Lead/Partner
					3.8.2 L: NEPHU & SRH Program Control Group P: TBC
3.9 Participation in and promotion of Sexual and Reproductive Health awareness raising campaigns.				3.9.1 Develop a SRH Awareness Campaign Calendar for 2023/2024. 3.9.2 Implement and promote activities in accordance with the SRH Awareness Campaign Calendar.	3.9.1 L: NEPHU Population Health & SRH Program Control Group P: TBC 3.9.2 L: NEPHU Population Health & SRH Program Control Group P: TBC

Sexual and Reproductive Health Action Plan Functional Area 4: Community Education

Action	Horizon 1 – To June 30, 2023	Lead/Partner	Indicators	Horizon 2 – To June 30, 2025	Lead/Partner
4.1 Collaboratively develop and deliver a SRH Community Health Promotion and Education Program Schedule				<p>4.1.1 Undertake a needs analysis to identify priority SRH topics, targets, settings and training providers/programs.</p> <p>4.1.2 Develop a NEPHU SRH Community Health Promotion and Education Program Schedule</p> <p>4.1.3 Co-design, implement and evaluate initiatives in accordance with the NEPHU SRH Community Health Promotion and Education Program Schedule</p>	<p>4.1.1 & 4.1.2</p> <p>L: NEPHU Population Health & SRH Program Control</p> <p>P: TBC</p> <p>4.1.3</p> <p>L: NEPHU Population Health</p> <p>P: TBC</p>
4.2 Collaborate with community-controlled organisations to deliver sexual health education to young Aboriginal and Torres Strait Islander women in hostels or other temporary or crisis accommodation	<p>4.2.1 Design and commence planning for a place-based initiative with local organisations</p> <p>4.2.2 Scope possible links with the Share the Dignity Program for provision of free pads and tampons in relevant settings</p>	<p>4.2.1</p> <p>L: NEPHU Population Health</p> <p>P: Margaret Tucker Hostel, other TBC</p> <p>4.2.2</p> <p>L: NEPHU Population Health</p> <p>P: Share the Dignity Australia, others TBC</p>	1—3, 12, 16—20, 24	<p>4.2.3 Develop a 2-year Aboriginal and Torres Strait Islander Accommodation SRH Education Schedule.</p> <p>4.2.4 Co-design, implement and evaluate initiatives in accordance with Aboriginal and Torres Strait Islander Accommodation SRH Education Schedule.</p>	<p>4.2.3 & 4.2.4</p> <p>L: NEPHU Population Health</p> <p>P: TBC</p>
4.3 Plan, implement and evaluate the NEPHU Communicable Disease Engagement Project	4.3.1 Commence planning with key stakeholders to implement a range of fit for purpose health promotion and prevention engagement initiatives focused on Gonorrhoea, Chlamydia, Syphilis & Mpox	<p>4.3.1</p> <p>L: NEPHU Community Engagement</p> <p>P: TBC</p>	1—8, 10, 12, 16—19, 24	4.3.2 Continue implementation of the NEPHU Communicable Disease Engagement Project including HIV and Hepatitis B	<p>4.3.2</p> <p>L: NEPHU Community Engagement</p> <p>P: TBC</p>

Sexual and Reproductive Health Action Plan Functional Area 5: Data and Intelligence

Action	Horizon 1 – To June 30,2023	Lead/Partner	Indicators	Horizon 2 – To June 30, 2025	Lead/Partner
5.1 Develop and implement an evaluation strategy, inclusive of process, impact and outcome indicators for SRH promotion and prevention work within the NEPHU SRH Action Plan.	5.1.1 Ensure all Horizon 1 action items are designed and implemented with applicable core indicators and initiative specific indicators identification prior to commencement	5.1.1 L: NEPHU Population Health P: SRH Program Control Group	1, 2, 6, 13, 20	5.1.2 Ensure all Horizon 2 action items are designed and implemented with identification of applicable core indicators and initiative specific indicators prior to commencement 5.1.3 Develop and implement a NEPHU Population Health Catchment Plan Evaluation Strategy which will cascade in application to NEPHU SRH Action Plan 5.1.4 Undertake evaluation activity and reporting as specified within NEPHU Population Health Catchment Plan Evaluation Strategy 5.1.5 Review NEPHU Population Health Catchment Plan Evaluation Strategy prior to commencement of next 4-year planning period.	5.1.2—5.1.4 L: NEPHU Population Health, SRH Program Control Group, others TBC P: TBC 5.1.5 L: NEPHU Population Health P: SRH Program Control Group
5.2 Develop, release, and maintain a NEPHU Catchment Sexual, Reproductive Health and Viral Hepatitis Needs (SRHVH) Assessment				5.2.1 Design and develop a SRHVP Needs Assessment inclusive of granular data where available and appropriate 5.2.2 Launch and promote the NEPHU SRHVP Needs Assessment 5.2.3 Identify review period for the NEPHU SRHVP Needs Assessment 5.2.4 Utilise the NEPHU SRHVP Needs Assessment to enable evidence informed decision making on the strategic direction of upcoming SRH initiatives. 5.2.5 Undertake review of the NEPHU SRHVP Needs Assessment as per specified review period	5.2.1—5.2.3 L: NEPHU Population Health P: SRH Program Control Group, others TBC 5.2.4 L: NEPHU P: SRH Program Control Group, others TBC 5.2.5 L: NEPHU Population Health P: SRH Program Control Group & others TBC

Action	Horizon 1 – To June 30,2023	Lead/Partner	Indicators	Horizon 2 – To June 30, 2025	Lead/Partner
5.3 Explore access to and sharing of relevant public health research and data sources not currently available or being utilised by NEPHU				<p>5.3.1 Explore access to and sharing of relevant public health research and data sources with key tertiary institutes, research bodies and government departments</p> <p>5.3.2 Make datasets/resources accessible to stakeholders as appropriate</p> <p>5.3.3 Continue to seek to identify, promote and/or create a range of current public health data intelligence resources</p>	<p>5.3.1</p> <p>L: NEPHU Population Health</p> <p>P: SRH Program Control Group, Department of Health, others TBC</p> <p>5.3.2 & 5.3.3</p> <p>L: NEPHU Population Health</p> <p>P: SRH Program Control Group, Department of Health, others TBC</p>

Sexual and Reproductive Health Action Plan Functional Area 6: Networks and Communities of Practice

Action	Horizon 1 – To June 30,2023	Lead/Partner	Indicators	Horizon 2 – To June 30, 2025	Lead/Partner
6.1 Establish a Sexual, Reproductive Health and Viral Hepatitis Community of Practice (SRHVH CoP) for the NEPHU catchment	6.1.1 Scope with existing stakeholders the need and value of a SRH CoP in the existing and current landscape	6.1.1 L: NEPHU P: Women’s Health Services, Local Government, Community Health, Sexual Health Services, LiverWell, Aboriginal Community Controlled organisations, PHN’s, NEPHU SRH Program Control Group, others TBC	2, 3, 7, 8, 14, 16—18, 20, 24	6.1.2 Action findings of SHR CoP Scoping exercise as appropriate e.g. Draft SRHVH CoP terms of reference (ToR), inclusive of continuity provisions (beyond initial DH SRHVH Pilot Program 12-month funding period) 6.1.3 Activate SRVHP CoP in accordance with scoping findings 6.1.4 Identify and undertake core business of SRHVH CoP 6.1.5 Undertake annual review of SRHVH CoP	6.1.2 & 6.1.3 L: NEPHU P: Women’s Health Services, Local Government, Community Health, Sexual Health Services, LiverWell, Aboriginal Community Controlled organisations, PHN’s, NEPHU SRH Program Control Group, others TBC 6.1.4 & 6.1.5 L: NEPHU Population Health P: Women’s Health Services, Local Government, Community Health, Sexual Health Services, LiverWell, Community Controlled organisations, PHN’s, NEPHU SRH Program Control Group, others TBC
6.2: Participate in relevant SRH networks and partnerships across the catchment and promote information and opportunities accordingly				6.2.1 Develop a database of current SRH networks and partnerships, the focus of each and how they relate to each other, and generate a catchment wide SRH Service System Relational Map 6.2.2 Identify networks and partnerships for proposed NEPHU membership and seek to action 6.2.3 Post relevant information and opportunities on NEPHU SRH Libraries, Kits, Calendars, distribution lists and social platforms as appropriate	6.2.1 L: NEPHU Population Health P: SRH Program Control Group 6.2.2 & 6.2.3 L: NEPHU

Action	Horizon 1 – To June 30,2023	Lead/Partner	Indicators	Horizon 2 – To June 30, 2025	Lead/Partner
				<p>6.2.4 Continued participation in identified SRH networks and partnerships and responsiveness to emergent needs.</p> <p>6.2.5 Continued promotion of relevant information and opportunities generated via partnerships and networks.</p> <p>6.2.6 Integrate SRH networks and partnerships knowledge into the NEPHU Strategic Partnership Plan (to be developed)</p> <p>6.2.7 Provision of SRH Service System Relational Map to support critical analysis of systemic enhancement opportunities (see action item 7.3)</p>	<p>6.2.4—6.2.7</p> <p>L: NEPHU Population Health</p> <p>P: Women’s Health Services, Local Government, Community Health, Sexual Health Services, LiverWell, Community Controlled organisations, PHN’s, NEPHU SRH Program Control Group, others TBC</p>

Sexual and Reproductive Health Action Plan Functional Area 7: Systems and Access

Action	Horizon 1 – To June 30,2023	Lead/Partner	Indicators	Horizon 2 – To June 30, 2025	Lead/Partner
7.1 Actively seek coordination, alignment, reciprocity and non-duplicative efforts in enhancing access to SRHVH information and care and pathways through a continuum of care, commencing with prevention.				<p>7.1.1 Co-ordinate and integrate actions across all relevant functions within the NEPHU SRH Action Plan with NEPHU's Sexual Reproductive Health and Viral Hepatitis Project (12-month DH pilot project)</p> <p>7.1.2 Collaborate on the planning, implementation and evaluation of initiatives within the NEPHU SRVHP Project</p>	<p>7.1.1 L: NEPHU Population Health & SRH Program Control Group P: Women's Health Services, Local Government, Community Health, Sexual Health Services, LiverWell, Aboriginal Community Controlled organisations, PHN's, others TBC</p> <p>7.1.2 L: NEPHU & SRH Program Control Group P: TBC</p>
7.2 Undertake promotion and prevention initiatives linked to notifiable SRH conditions				<p>7.2.1 Development and implementation of Sexually Transmitted Infection local control strategies</p> <p>7.2.2 Implementation of Hepatitis B and C local control/elimination strategies</p> <p>7.2.3 Implementation of Sexually Transmitted Infection local control strategies</p>	<p>7.2.1—7.2.3 L: NEPHU Health Protection P: TBC</p> <p>7.2.3 L: NEPHU Health Protection, P: TBC</p>
7.3 Critical analysis of SRH Service System Relational Map (6.2.1)			N/A—Horizon 1	<p>7.3.1 Utilise SRH Service System Relational Map to identify gaps, barriers and risks within the regional SRH service system and identify mitigation approaches</p> <p>7.3.2 Commence design and implementation of identified collaborative mitigation approaches.</p>	<p>7.3.1 & 7.3.2 L: NEPHU & SRH Program Control Group P: TBC Department of Health</p>

Action	Horizon 1 – To June 30,2023	Lead/Partner	Indicators	Horizon 2 – To June 30, 2025	Lead/Partner
7.4 Harvest and upscale SRH good practice program models, inclusive of statewide programs being undertaken within the NEPHU catchment service system				7.4.1 Identify and collaborate with service providers from within the NEPHU catchment, to leverage 'good practice SRH program models' and seek to expand the scale of the model.	7.4.1 L: NEPHU Population Health & SRH Program Control Group P: Women's Health Services, Local Government, Community Health, Sexual Health Services, LiverWell, Aboriginal Community Controlled organisations, PHN's, others TBC
7.5 Work towards fostering and enabling an innovative, collaborative and responsive local SRH service system.	7.5.1 Conduct a Sexual and Reproductive Health Promotion and Prevention Grants Round 2022-2023	7.5.1 L: NEPHU Population Health, P: SRH Program Control Group & NEPHU Catchment Plan Steering Group	1—3, 15—16, 18, 20, 24	7.5.2 Provision of subject matter expertise and other support as appropriate to non-NEPHU led SRH initiatives throughout the catchment 7.5.3 Conduct a Sexual and Reproductive Health Promotion and Prevention Grants Round in 2023- 2024 and 2024 -2025, subject to evaluation of 2022-2023 grants round and funding availability.	7.5.2 L: TBC P: NEPHU 7.5.3 L: NEPHU Population Health, P: SRH Program Control Group & NEPHU Catchment Plan Steering Group
7.6 Commission Mpox, vaccination program				7.6.1 Support and promote Mpox vaccination services via sexual health clinics, infectious disease units at hospitals and participating community health organisations 7.6.2 Identify and undertake Mpox vaccination activity in accordance to need	7.6.1 L: NEPHU Health Protection P: Sexual health clinics, infectious disease units at major hospitals and participating community health organisations 7.6.2 L: NEPHU Health Protection P: TBC

NEPHU POPULATION HEALTH CATCHMENT PLANNING STAGE 1 REPORT (PHASES 1 – 3)

[NEPHU Population Health Catchment Planning Stage 1 Report \(Phases 1 – 3\)](#)

[NEPHU Population Health Catchment Planning Stage 1 Report \(Phases 1 - 3\) Appendices](#)

NEPHU POPULATION HEALTH CATCHMENT PLANNING WORKSHOP FINDINGS REPORT STAGE 1 PHASE 4

[NEPHU Population Health Catchment Planning Workshop Findings Report](#)

NEPHU POPULATION CATCHMENT PLANNING PRIORITY AREA RECOMMENDATIONS REPORT

[Population Health Catchment Planning Priority Area Recommendations Stage 2A Report Phase 1](#)

NEPHU CATCHMENT-WIDE STAKEHOLDER PREVENTION ACTIVITY TO IMPROVE SEXUAL AND REPRODUCTIVE HEALTH

Table: NEPHU Catchment-wide stakeholder prevention activity to improve sexual and reproductive health

Functional Area 1: Advocacy			
Activity (Current)	Agency	Activity (Upcoming)	Agency
C1. Nillumbik Youth Strategy 2022-2026: Nillumbik Secondary Schools Advocacy. Advocacy for Nillumbik secondary schools to provide inclusive sexual health education that empowers young people to make informed choices through ensuring access to information and resources.	Nillumbik Shire Council		
C2. Eastern Metropolitan Regional SRH Strategic Network A reference group led by Women's Health East and including over twenty-one regional partners and six state-wide organisations that seeks to promote, advocate for and facilitate action around SRH in the Eastern Metropolitan Region.	Women's Health East		
C3. Northern Health & University of Melbourne & Victorian Nursing and Midwifery Trust – co design project			

Functional Area 2: Capacity Building (for professionals)

Activity (Current)	Agency	Activity (Upcoming)	Agency
C4 – C5. Family and Reproductive Rights Education Program (FARREP) (for health professionals). Professional development program on migrant and refugee women’s health and the social and cultural aspects of Female Genital Cutting.	cohealth Women’s Health in the North	U1. Breaking down the barriers of HIV for people from migrant refugee backgrounds. A project aiming to demystify HIV myths, reduce stigma and discrimination, and provide information about best referral pathways.	Centre for Culture, Ethnicity and Health
C6. Hepatitis education program for non-health professional workforce.	LiverWELL	U2. HEPReady Essentials. Online health workforce training for viral hepatitis.	LiverWELL
C7. Victorian HIV and Hepatitis Integrated Training and Learning (VHHITAL). A comprehensive education and training service for primary healthcare providers for the diagnosis, treatment and management of HIV, hepatitis B, hepatitis C and STIs.	North Western Melbourne Primary Health Network	U3. Online Self-Directed Training Modules Development of online educational resources for self-directed training and skill development for viral hepatitis which will be underpinned by adult learning principles and trialed and tested with user groups. Developed in partnership with clinical service providers and community health providers.	LiverWELL
C8. Sexual and Reproductive Health Clinical Education Program for health professionals. A series of online and virtual resources for health professionals.	Sexual Health Victoria		
C9. Relationships and Sexuality Education (RSE) Program for Teachers. An education program providing direct delivery and mentorship for teachers delivering relationships and sexuality education; free access to RSE teaching resources and learning materials, mapped to the Victorian & Australian Curricula, is included.	Sexual Health Victoria		

Activity (Current)	Agency	Activity (Upcoming)	Agency
C10. Increase understanding of the SRH needs of women living with disability. A literature and environmental scan and community and stakeholder consultation to build the understanding of the Women's Health East Sexual and Reproductive Health working group of the sexual health priorities of women living with a disability.	Women's Health East		
C11. Eastern Victoria Early medical abortion capacity building webinars. Two early medical abortion panel-based workshop webinars for primary healthcare providers delivered in partnership with two other Women's Health organisations in metro and rural Victoria.	Women's Health East		
C12. Sexual and Reproductive Health Fact Sheets. Fact sheets detailing the sexual and reproductive health of girls, women and gender-diverse people in Melbourne's northern metropolitan region.	Women's Health in the North		
C13. SRH e-News. Resources shared on WHIN's SRH work on a monthly basis.	Women's Health in the North		
C14. SRH Communications Guide. A guide outlining principles of good SRH messaging and opportunities to embed SRH messaging across other areas.	Women's Health in the North		
C15. Menopause friendly workplaces. A project to create, publish, implement and distribute a resource on menopause in the workplace to reduce stigma and increase equity at work for women and people undergoing peri-/menopause.	Women's Health East		
C16. Sexual harassment workforce training module. A training module for workforce capacity building.	Women's Health in the North		

Activity (Current)	Agency	Activity (Upcoming)	Agency
<p>C17. Medical Termination of Pregnancy (MTO) Professional Development. A collaboration with GenWest to support MTO professional development for service providers across Northwest Melbourne.</p>	<p>Women’s Health in the North</p>		
<p>C18. Victorian HIV and Hepatitis Integrated Training and Learning (VHHITAL) Sex Worker Awareness Training: Health and Stigma An education session supporting general practitioners to understand their legal duties under the new legislation and to equip them with the knowledge and confidence to provide evidence-based best practice healthcare to all patients, whether sex work status has been disclosed or not. This training is co-designed by VHHITAL and Vixen, Victoria’s peer-only sex worker organisation.</p>	<p>North Western Melbourne Primary Health Network</p>		
<p>C19. Maximizing Cancer Screening Expansion Program - Victorian Primary Health Networks. A program that responds to the ongoing impact of COVID-19 on cancer screening participation in Victoria, focusing on Cervical, Breast, Bowel and Liver Cancer Screening.</p>	<p>North Western Melbourne Primary Health Network</p>		

Functional Area 3: Community Awareness			
Activity (Current)	Agency	Activity (Upcoming)	Agency
C20. Building community awareness on health and mental health issues. Communication and capacity building for the community on issues impacting health.	cohealth	U4. Jean Hailes Women's Health Week. The 2023 program will feature new resources and information on hormones, PCOS, menopause, cervical screening self-collection, heart health, persistent pelvic pain and nutrition.	Jean Hailes Women's Health
C21. LiverWELL CALD community engagement. A series of CALD population engagement activities to raise viral hepatitis awareness targeting Vietnamese, Chinese, Khmer and Filipino communities.	LiverWELL	U5. HIV Still Matters. A campaign to address HIV stigma by showing the personal narratives of people living with HIV.	Thorne Harbour Health
C22. Nillumbik Youth Strategy 2022-2026: 16 Days of Activism. Promotion of safe and respectful relationships through a youth-led project to promote the 16 Days of Activism.	Nillumbik Shire Council	U6. Public Cervix Announcement. A campaign to promote cervical screening among all LGBTIQ people with a cervix and promote new self-collection options.	Thorne Harbour Health
C23. Nillumbik Youth Strategy 2022-2026: STI, pregnancy and contraception support information. Information provided on the Nillumbik Youth website.	Nillumbik Shire Council		
C24. Drama Downunder Campaign. A campaign to destigmatise STI testing among gay and homosexually active men and reinforce the need for regular testing.	Thorne Harbour Health		
C25. SRH week. A yearly social media campaign focused on SRH issues relevant to the Eastern region, and evaluation of the reach and impact of the campaign.	Women's Health East		

Functional Area 4: Community Education

Activity (Current)	Agency	Activity (Upcoming)	Agency
<p>C26. Somali Middle Years Girls' Group. A group for Australian girls (8 - 12 years) with Somali background that provides a safe space to learn, talk and ask questions about their bodies and their identity as young Muslim Women, whilst connecting with each other through skill building and fun activities.</p>	Banyule Community Health	<p>U7. Youth Viral Hepatitis education and prevention</p> <p>An interactive and activity-based youth focused viral hepatitis workshop developed through youth consultation designed to empower youth audiences with knowledge, address stigma and discrimination, reduce transmission risks and where to seek help. A stand-alone resource that is complemented by a yearly "Streetshots" competition where young people can interact with liver health and viral hepatitis concepts through art and design.</p>	LiverWELL
<p>C27. Family and Reproductive Rights Education Program (FARREP) (for communities). Program providing education, information and networking on sexual and reproductive health and mental health and wellbeing for communities, including those arriving from countries where female genital cutting is traditionally practiced.</p>	Cohealth Women's Health in the North	<p>U8. Sexual Health Week (April and August 2023). Program includes a student-focused one-day festival (SHAG - Sexual Health and Guidance fest) promoting sexual health messaging, sex positivity and collateral, social media campaign and drop-in sexual health clinic.</p>	Swinburne University
<p>C28. Cervical screening test and self-collection health education session. Online education session for women from refugee backgrounds.</p>	EACH		

Activity (Current)	Agency	Activity (Upcoming)	Agency
C29. AMEP – Hepatitis B Workbook Development of an Adult Migrant English Program (AMEP) viral hepatitis program workbook to be utilised through external AMEP providers. This project aims to increase testing and vaccination rates among migrants from priority CALD populations and to reduce stigma and discrimination through discussion. This resource seeks to build on existing work delivered through LiverWELL in partnership with the AMEP program to develop a resource that is usable for migrants in other settings.	LiverWELL		
C30. LiverLine. Liver health and viral hepatitis support line (1800 703 003; Monday - Friday, 9am - 5pm).	LiverWELL		
C31. Parent Hub Series: Education sessions for parents of young people including session on 'Consent' hosted by Body Safety Australia and 'Navigating Sex' delivered by Sexual Health Victoria.	Nillumbik Shire Council		
C32. Community Outreach Education. Health education for youth and community workers and organisations on a wide range of relationships and sexual health topics.	Sexual Health Victoria		
C33. SRH information. A nurse-led information line providing information for health professionals and members of the public; a range of web-based information about SRH topics that is accurate and up to date and accessible (with Auslan videos, plain English and multilingual options).	Sexual Health Victoria		
C34. Sex Worker Outreach Program. Peer education and information services to sex workers.	Vixen		

Activity (Current)	Agency	Activity (Upcoming)	Agency
C35. Multicultural STI response. A community consultation to investigate opportunities for targeted, co-designed health education and communication messages around STIs, incorporating inclusion of diversity in sexual and gender identity.	Women's Health East		
C36. Sex Ed 101+ 102 social media campaign. A social media campaign and e-book exploring the topics of consent, sex positivity, pleasure, STIs, contraception and more!	Women's Health in the North		
C37. Side by Side. A respectful relationships and sexual and reproductive health education program specifically targeting communities that traditionally practice Female Genital Cutting; a project advisory group with women from community, and 'Health Day' to be delivered on 27 May.	Women's Health in the North		
C38. Get the Go Ahead: Voice for Affirmative Consent Project. A youth-centred co-design project to build the capacity and confidence of young people living with a disability to advocate for their rights and practise affirmative consent, and to challenge sexist and ableist stereotypes that drive gender and disability-based violence.	Women's Health East		

Functional Area 5: Data and intelligence

Activity (Current)	Agency	Activity (Upcoming)	Agency
N/A			

Functional Area 6: Networks and communities of practice

Activity (Current)	Agency	Activity (Upcoming)	Agency
C39. Family and Reproductive Rights Education Program (FARREP): North West Governance Partnership. The North West Governance Partnership coordinates integrated health promotion programs that work with communities to prevent Female Genital Cutting practices.	Cohealth Women's Health in the North		
C40. SRH Newsletter. A monthly E-bulletin and tri-annual E-newsletter on SRH topics of interest (especially in relation to women, girls and gender-diverse people) for members of the Eastern region SRH strategic reference group and interested partners.	Women's Health East		
C41. A Strategy for Equality: Women's Sexual and Reproductive Health in Melbourne's East 2020 – 2025 regional strategy to improve sexual and reproductive health across Melbourne's eastern metropolitan region.	Women's Health East		
C42. Freedom, Respect and Equity in Sexual Health 2022–2026. A regional strategy to improve sexual and reproductive health across Melbourne's northern metropolitan region.	Women's Health in the North		
C43. Freedom, Respect and Equity in Sexual Health 2022–2026 Action planning. Action planning for this regional strategy is in progress and is due for completion in May 2023, with an accompanying an evaluation framework.	Women's Health in the North		

Functional Area 7: Systems and Access

Activity (Current)	Agency	Activity (Upcoming)	Agency
N/A			