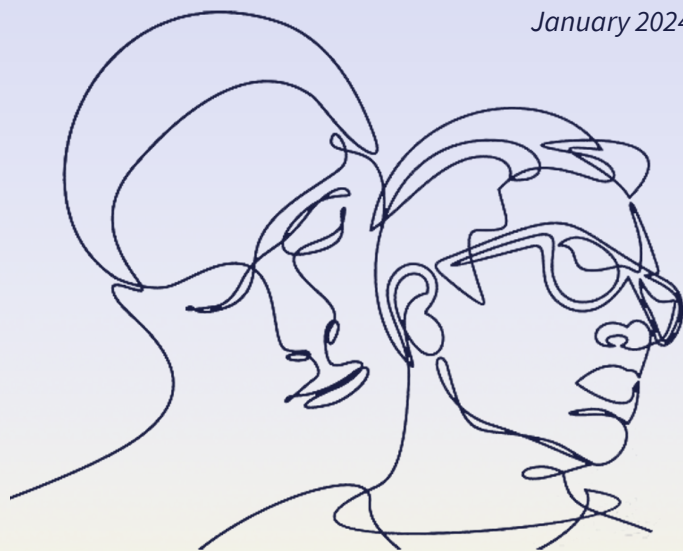


# Don't forget you need a second dose of the MPOX Vaccine

If you have had a first dose of the MPOX vaccine, and it has been 28 days since. You can get **a second dose to become fully vaccinated.**



## ABOUT MPOX

Mpox is a rare infection that is not very contagious, and the risk of it spreading widely in Australia remains low. It is typically transmitted through close physical, intimate, or sexual contact with someone who has mpox, direct contact with the skin rashes or bodily fluids of an infected person, or touching items contaminated with the virus.

The virus is most contagious when a person first develops symptoms until their lesions or scabs crust, dry or fall off, and the infectious period normally lasts for around two to four weeks. Australia's outbreak has mostly affected sexually active gay, bisexual, and men who have sex with men (cis and trans).

## WHAT ARE THE SYMPTOMS?

One of the most common symptoms of mpox is a rash or other skin changes. The rash can initially look like pimples or blisters which may be painful or itchy, and it goes through several stages including lesions and scabs, before healing.

The rash can be accompanied by cold and flu-like symptoms such as fever and swollen glands, headache, muscle and body aches, backache, and tiredness. You may experience a few or all of these symptoms.

## WHERE TO GET VACCINATED?

Scan to find your nearest vaccination site.



## WHAT IF I HAVE SYMPTOMS?

Contact your nearest sexual health clinic, GP, or Healthline, which offers interpreter services. If you need to visit a medical practice or hospital, call ahead and let them know you are coming and about your symptoms.

Wear a well-fitted medical mask, cover any rashes or blisters on your skin, and travel via private transport to avoid passing on mpox to others.